

TNMPlayer's Guide to Living Life

Lardfully

A TNMPlayer production

By TNMPlayer

Life. What a joke. There are very few second chances and the world seems as though it has been designed to make you fail. But this doesn't have to be the world we live in, the world YOU live in. In this booklet, I will teach you how to lead your best life. Consider my methods to be "ethical hedonism", as the joys you will experience with the tools I'm going to show you are incomparable to anything you can find anywhere else.

Forget everything you think you know aside from the very essentials. Things like math, reading, and how to make your heart beat. If you forget how to read, you will be unable to continue learning my methods. The internet is full of toxicity and poison. There are several "mindset" accounts on platforms such as Instagram and TikTok. The truth is, none of them know what they are talking about, and for some reason, several of the authors of these teachings hold misogynistic worldviews. To no one's surprise, these posts are a scam. They are manufactured to keep you down so you can't change for the better. The only sentiment worth holding on to from these lessons is that it's vital to invest in yourself.

Several fast-food companies like McDonalds, Wendy's, and others, offer value meals where you can get an abundance of food for relatively cheap. These are a fantastic investment and you must take advantage at every opportunity you get. This will save you money in the long run, as studies have shown in the U.S., the average cost of a grocery run is \$765

per trip. This will give your wallet a break, and put positive stress on your belt, shirt, and waistband. But what *is* positive stress?

Positive stress is the stress on clothing items or on the human brain that occurs when your belly gets bigger in size. The aches and pains you feel upon gaining weight are symptoms of a great change in your life. Without this stress, we would be incapable of knowing that we are mentally, physically, and metaphysically, growing as people. Take pity on those who fail or refuse to grow with you. Pray for them, but not to any gods. Pray to yourself that you may change their minds in time. Smirk slyly as you walk by them, and they will subtly know that you are better off than them, and their jealousy will depress them greatly, which will motivate them to take the steps to make a positive change in their lives.

This next tip may disappoint some, as onanism is a core part of their lives. Masturbation takes up a considerable portion of people's time, and that is unacceptable. Start planning your masturbation sessions. Do not imbibe in pornography, as it allows your brain to stop focusing on itself. You should only ever think of yourself when indulging in yourself. It is one of the key ways to keep a clean spirit and high self-esteem. Mark dates and times in your calendar to schedule your sessions, there are several free apps you can download from the web to keep organized.

THIS IS KEY. INVEST IN LARD. Lard can be purchased in bulk from a variety of vendors, none of which will be named as every individual must find their own way to truly succeed. Lard can only go up in value, and the market is on fire meaning you need to act quickly. One bucket of lard today could be worth its weight in gold tomorrow. Here at the Lardcast offices, we keep several gallons in a refrigerated vault. Roughly eighty percent of profits made from the show go towards guarding the lard. It's worth every penny as we're already hypothetically making billions. With a b.

This booklet was just a taste of our methods here at the Lardcast. Expect more installments in the future, and tune in to the show to receive even more advice. Future booklets will probably cost a LOT OF MONEY so keep that in MIND if you want to read FURTHER. This has been TNMPlayer, signing off.

